

No Images? [Click here](#)

Fit for the Future

Working together to keep people well



Cambridgeshire and Peterborough Sustainability and Transformation Partnership

April 2019

The system is a partnership between the organisations who plan, pay for and provide health and care on behalf of patients and the population within a geography covering **900,000 people**.

Royal Papworth Hospital Prepares to move to its new site.

After 100 years in the village of Papworth Everard, the Hospital is preparing to move to a brand new state-of-the-art hospital on the Cambridge Biomedical Campus.

Construction work on the new hospital is now complete and it's expected that all clinical services will move there during a three-week period starting on 23 April 2019.

The new hospital will feature:

- Five operating theatres, five catheter laboratories (for non-surgical procedure) and two hybrid theatres

- Six inpatient wards
- 310 beds, including a 46-bed critical care unit and 24 day beds
- Mostly en-suite, individual rooms for patients
- A centrally-located Outpatients unit offering a wide range of diagnostic and treatment facilities
- A link corridor to Addenbrooke's Hospital
- An atrium on the ground floor with a restaurant, coffee shop and convenience store.

During the three-week move period in April and May, services will gradually close down at the Papworth Everard site while services open in the new hospital. Patients due to attend an appointment at the hospital after 23 April 2019 will receive an appointment letter before then to confirm where their appointment will take place and how to get there.



News from the latest STP Board meeting

Our STP Board last met on 14th March in Hemingford Grey. The Board — made up of the leaders from all the NHS organisations in the county, our partners in general practice as well as elected members and executive directors from Cambridgeshire County Council and Peterborough City Council — focusses on tackling the really important issues that affect local people's health and care.

Focus on Delayed Transfers of Care (DTOC)

Too often people stay too long in hospital, beyond the point at which they are medically fit to be discharged - any incidence of this is known as a DTOC. The national standard is that no more than 3.5% of hospital beds should be occupied in this way. However, in Cambridgeshire & Peterborough, the percentage has been as high as 8.2% in 2018/19. The STP Board heard that progress is being made on improving the situation and that, at one time or another over the past few months, all three acute sites in the county had reduced DTOC to 3.5%. The challenge is now to make sure that all sites are consistently keeping DTOC at a low level. To support this, a programme is in place and has, for example:

- Co-located the NHS and social care teams that purchase care placements (brokerage) so that these teams work better together;
- Introduced new standard procedures across all sites to assess people for Continuing Health Care (CHC); and
- Focussed on winter pressures including, for example, admission avoidance teams 'pulling' appropriate patients out of Accident & Emergency (A&E) and short stay units, to treat them more appropriately in the community, as well as supporting nursing homes to keep residents out of hospital.

Other highlights included:

A&E Performance – In Cambridgeshire and Peterborough, we are currently not meeting the national standard for at least 95% of patients attending A&E to be either admitted to hospital, transferred to another provider or discharged within four hours. The Board heard about the actions being taken to reduce hospital attendances and admissions, enabling patients to access care through alternative channels and, where appropriate, closer to home.

Clinical areas for radical transformation – The Board agreed that Cardiovascular Disease, Respiratory Medicine and a radical prevention agenda around Obesity, Diabetes and health inequalities should be targeted for redesign in order to improve population health outcomes, patient experience and value for money.

Digital Strategy – The Board heard about the next steps to developing an integrated care record, aimed at empowering our patients and staff.

STP Board Meetings - Board meetings take place every other month at different times of the day and in different parts of the county, to support as many people as possible to attend. Meeting details, including Board agendas and papers, can be found on our website [here](#).

The next STP Board meeting in public will be held on Monday 20 May at 12.30pm to 3.30pm, Ely Cathedral Conference Centre, Palace Green, Ely, CB74EW.



Local Councillor the inspiration for 'Missing Moments' stop smoking campaign.

A health warning given to a local councillor to quit smoking is the inspiration for a new hard-hitting stop smoking campaign for Cambridgeshire.

County Councillor Peter Hudson was warned by his GP that he wouldn't see his grandchildren grow up if he continued to smoke over 20 cigarettes a day and didn't quit for good. Peter's experiences are now the basis of a new major stop smoking campaign for

Cambridgeshire called #missingmoments launched on No Smoking Day – 13 March.

As part of the campaign, FREE quit kits are available from Cambridgeshire County Council's Public Health website – www.cambridgeshire.gov.uk/be-well.

The #missingmoments campaign focusses on the key life events that someone who dies from smoking are absent from, such as a wedding, a birthday or playing with your grandchild. For younger people, the campaign focusses on other losses, such as the damage that smoking can cause to physical looks.

In Cambridgeshire, more than 2,400 people died between 2015 and 2017 from smoking related illnesses. If you smoke, you are more likely to experience chronic illnesses such as cancers, coronary heart disease, heart attack, stroke, peripheral vascular disease (damaged blood vessels) and cerebrovascular disease (damaged arteries that supply blood to your brain).



Improving access to urgent care in Wisbech

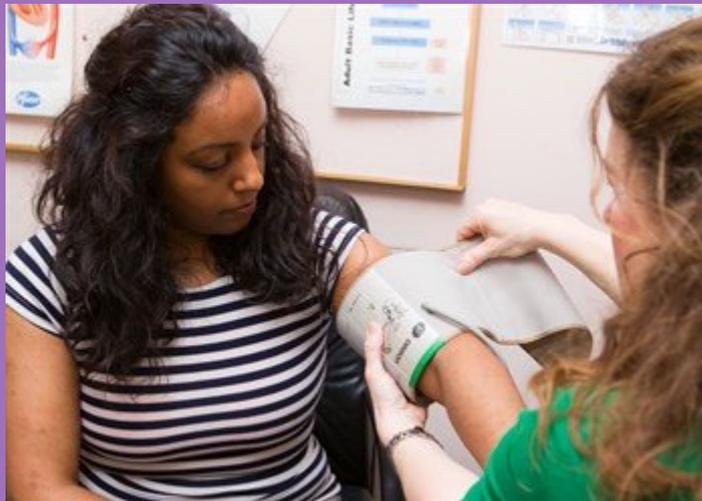
A new service has been launched that provides GP expertise to support the current practitioner-led service in the Minor Injury Unit (MIU) at North Cambs Hospital. The aim is to treat more patients in Wisbech and reduce the need for people to travel to the Queen Elizabeth Hospital in Kings Lynn or other Emergency departments for urgent care.

Practitioners still assess and treat patients with an urgent condition, but they are now able to call on rapid

GP support if required. No appointment is needed and opening hours remain the same (Monday – Friday: 8.30-6pm).

GP support is being provided to the practitioner by telephone or, if necessary, patients will be referred to an 'on call' GP at the North Brink Practice in Wisbech for further consultation and treatment.

Wisbech is the second of the three pilot schemes to launch in East Cambridgeshire and Fenland. Helping to improve access to urgent care, each of the three Local Urgent Care Service (LUCS) pilots is tailored to the locality, recognising the different needs in each area. Ely LUCS began in May 2017, and the Doddington LUCS continues to be developed, with a launch expected later this year.





Perinatal Mental Health Service

Launch of new Perinatal Mental Health Service

New and expectant mothers are being offered a recently-launched specialist perinatal mental health service from Cambridgeshire and Peterborough NHS Foundation Trust.

One in five women will experience a mental health problem during their pregnancy and in the first year after birth, with depression and anxiety disorders being the most common.

The Perinatal Mental Health Team offers psychiatric and psychological assessments and care for women with complex or severe mental health problems during the perinatal period. The team can also provide advice for women with a current or past severe mental illness who are planning a pregnancy.

The team includes consultant psychiatrists, psychologists, clinical nurse specialists, social workers, occupational therapists, peer support workers, nursery nurses and administrative staff.

This service offers a vital step forward in the care of mothers in the area and we are extremely grateful for the help we have received from mothers across

Cambridgeshire and Peterborough - who have helped us design the service - along with our commissioners at NHS England and many other partners who have given us their support.

To access the service, women are asked to speak to their GP. More information can be found on the CPFT website [here](#).



[Unsubscribe](#)