

Media Release

20 July 2016

Fit for the Future – Changes to Health and Care Services in Cambridgeshire and Peterborough

A 'Fit for the Future' programme to improve the local population's health and wellbeing is published today.

The five-year programme, developed from the Sustainability and Transformation Plan, covers hospital services, community healthcare, mental health, social care and GP services, across Cambridgeshire and Peterborough.

Tracy Dowling, Chief Officer, Cambridgeshire and Peterborough Clinical Commissioning Group, said: "Our local NHS and local government officers, through discussion with our staff, patients, carers and partners, have developed a plan to keep the population fit for the future and to take joint responsibility for improving our population's health and wellbeing.

"The vision is to deliver this as a collaborative leadership – working together within our shared budget to deliver our agreed clinical models and priorities across Cambridgeshire and Peterborough, to ensure that local health and care services are clinically and financially sustainable, making the best use of money allocated to us."

Dr Alex Gimson, Consultant Physician and Hepatologist at Addenbrooke's Hospital and clinical lead for the Sustainability and Transformation Plan, said: "The plan has been developed by clinicians and managers and we recognise the scale of changes required is significant and delivery will be challenging. We want staff, patients, carers and the public to be the centre of this programme – to hear their thoughts on this proposed plan and help shape services – as it will only be successful if we work out the details together."

Dr Gary Howsam, Clinical Chair, Cambridgeshire and Peterborough Clinical Commissioning Group, and GP Partner at New Queen Street Surgery, Whittlesey and Stanground Surgery, said: "We need to change the way we meet the health and care needs of our 900,000+ residents. Our plan aims to improve the quality of services we provide, encourage and support people to take action to maintain their own health and wellbeing."

The Fit for the Future programme is made up of four priorities for change, to be delivered through a 10-point plan.

Fit for the Future programme

At home is best

1. People powered health and wellbeing
2. Neighbourhood care hubs

Safe and effective hospital care, when needed

3. Responsive urgent and expert emergency care
4. Systematic and standardised care
5. Continued world-famous research and services

We're only sustainable together

6. Partnership working

Supported delivery

7. A culture of learning as a system
8. Workforce: growing our own
9. Using our land and buildings better
10. Using technology to modernise health

Listening events will be held in the coming months, with more information being shared over the coming weeks and months. To read more about the Fit for the Future programme and how to get involved, visit www.fitforfuture.org.uk

The Fit for the Future programme summary – ‘How health and care services in Cambridgeshire and Peterborough are changing’ – can be found – [here](#).