The NHS and local government officers have come together to develop a major new plan to keep Cambridgeshire and Peterborough **Fit for the Future.** Our plan covers hospital services, community healthcare, mental health, social care and GP services.

Our plan aims to:

- improve the quality of the services we provide

- encourage and support people to take action to maintain their own health and wellbeing

- ensure that our health and care services are financially sustainable and that we make best use of the money allocated to us

- align NHS and local authority plans.

We are working together and taking joint responsibility for improving our population's health and wellbeing, outcomes and experiences of care.

**You are at the centre of this plan.**

Health and care professionals will work with you to help you look after your own health and make decisions about your care. We also want to make sure you can easily use local health, social care and mental health services when you need them.

We have four priorities for change and a 10-point plan for how we will achieve it. See inside for information.

## Contact Us

We want to hear your thoughts on this proposed plan. We will be holding listening events in the coming months.

To find out more and be part of the discussion, please register on our website or email us.

✉ **contact@fitforfuture.org.uk**

🌐 **fitforfuture.org.uk**

🐦 **@fitforfuturenhs**

📘 **fitforfuturenhs**

📞 **01223 725 304**

# Fit for the Future
Working together to keep people well

## How health and care services in Cambridgeshire and Peterborough are changing

Cambridgeshire County Council

PETERBOROUGH CITY COUNCIL

NHS

**Neighbourhood care hubs**

More health and care services will be provided closer to people's homes and we will help people stay at home when they're unwell.

**People powered health and wellbeing**

We will help people to make healthy choices, keep their independence, and shape decisions about their health and care. We will work with community groups and businesses, so people of all ages have good health, social, and mental wellbeing support.

**Responsive urgent and expert emergency care**

We will offer a range of easily accessible support for care and treatment, from telephone advice for urgent problems to the very best hospital emergency services when the situation is life threatening.

**Systematic and standardised care**

Doctors, nurses and other health and care professionals will work together across Cambridgeshire and Peterborough to use the best treatments and technology available.

**Continued world-famous research and services**

We have world-class specialised care, but we are always looking for ways to be better. We will work together with our local research organisations and businesses to make this happen.

**Partnership working**

Everyone who provides health, social and mental health care across Cambridgeshire and Peterborough will plan together and work together.

**Priority three - We're only sustainable together**

**Workforce: growing our own**

We have wonderful, talented people working in our health and care system. We aim to offer rewarding and fulfilling careers for our staff with opportunities for them to develop their skills and grow professionally. This way we can develop staff, including for those areas where we have some staff shortages.

**Using our land and buildings better**

We want to bring all our NHS and local government sites up to modern standards. We want to make better use of our out-of-hospital sites, which may mean selling some buildings to invest in other modern, local facilities.

**A culture of learning as a system**

We are committed to sharing knowledge across the whole health and care system, so the people working in our health and care organisations know they are part of the big picture.

**Using technology to modernise health**

Good information and advice helps people take control of their health. We will use apps and online tools to provide more rapid and reliable information.

**Priority four - Supported delivery**